Reducing healthcare costs while validating dependent eligibility

Rising healthcare costs and growing dependent enrollments created a need to validate eligibility while maintaining a positive employee experience.

The client’s challenges included:

- Controlling healthcare costs
- Verifying dependent eligibility
- Maintaining compliance and fiduciary alignment

Aptia implemented a structured eligibility verification program, combining document validation, employee support, and clear communications.

The result: reduced costs, stronger compliance, and improved plan integrity—all with a smooth employee experience.

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